

# AMERICA TO AFRICA

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## AMERICA TO AFRICA HELP

### HEALTH EDUCATION & LIFE PROJECTS



Centocow, South Africa

**Our mission is to improve the lives of the disadvantaged children of Africa as a means for them to escape poverty and to improve the quality of their future.**

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Nelson Mandela's Rainbow Nation

In December 2013, the world lost one of the true giants of the past century. Nelson Mandela was a man of incomparable honor, unconquerable strength, unyielding resolve and eternal optimism. The definition of hope in the dictionary is: "the feeling of what is wanted can be had or that events will turn out for the best". Nelson Mandela was a man who hoped with all his heart and soul to end apartheid. In his inaugural speech he said; *"We have triumphed in the effort to implant hope in the breasts of millions of our people. We enter into a covenant that we shall build the society in which all South Africans, both black and white, will walk tall, without any fear in their hearts, assured of the inalienable right to human dignity – a Rainbow Nation at peace with itself and the world."* As we remember his triumphs, let us, in his memory, not just reflect on how far we have come, but on how far we have to go. Madiba may no longer be with us, but his journey continues

on with me and with all of us.

## OUR WORK IN PICTURES



Our disability clinic is in full swing every week. What used to be monthly has been expanded to weekly. Thanks to our benefactor's support, many children are being helped. Cerebral Palsy and many birth defects is a big problem in this area.



New dresses for the Orphan Village girls made and donated by the Spanish speaking branch of the Mormon Church in Paso Robles, California.



One of our sweet AIDS baby doing so well.



One morning teachers came to work at the school and found this sweet child (pictured above) sitting on the doorstep with no information. Later they found out her name was Aphiwe and she was only 18 months old at the time. Her Granny became her guardian after both parents died of AIDS. Granny wasn't able to take Aphiwe to work with her and knowing she would be safe at the center, left her on the doorstep. She told the child to sit and wait until someone came to get her - so she did - for over an hour.

We believe every child deserves a childhood, especially in South Africa where children are forced to grow up too early and often in traumatic ways.





Maurice Gibb Counseling Center Before



Maurice Gibb Counseling Center After

To borrow the words of the incomparable Mr. Mandela, once again “never and never and never again shall it be that this beautiful land will experience the oppression of one by the other”. Nevertheless, despite Madiba’s vision for our future, there are hundreds of South Africans who are being oppressed by gender violence. Women, and especially their children, in this country find themselves vulnerable, ostracized, without friends or family. They are unable to look after themselves and powerless to escape their plight. Often they are the victims of beatings, rape and murder. They need our help.

## PLEASE HELP US BUILD THIS NEXT PROJECT

**We need to build a shelter whereby mothers and children can stay and be protected for several days, rather than being turned back to their abusers.**

The cost to build 10 rooms is approximately \$25,000. We ask, ...if citizens of prosperous countries do not help, who will? The goal in these situations is safety – keeping these women and children alive and well.

This work will be done by local construction crews giving an economic boost to the area.

We are asking you to consider a donation to accomplish these goals. Not a penny is wasted. America-to-Africa Foundation has no paid staff.

## ONE

One tree can start a forest;  
One smile can begin a friendship;  
One hand can lift a soul;  
One word can frame the goal;  
One candle can wipe out darkness;  
One laugh can conquer gloom;  
One hope can raise our spirits;  
One touch can show you care;  
One life can make the difference,  
**Be that one today.**

*“To the world you may be just one person,  
but to one person you may be the world.”*

So once again, I am respectfully asking for your support for the people of South Africa. It takes very few US dollars to make a huge difference in their communities. Here in the United States we are blessed with an abundance of everything. I hope you will decide to support America to Africa, HELP.

## Support America to Africa, HELP

[www.americatoafricahelp.org](http://www.americatoafricahelp.org)

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Name \_\_\_\_\_  
Address \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

I am happy to support the people of South Africa with a donation of \$ \_\_\_\_\_

I would like to make a quarterly donation in the amount of \$ \_\_\_\_\_  
(America to Africa HELP will send a reminder notice and renewal notice each year)

I would like my donation to support the projects I have checked below.

- G      Medical Supplies for Hospitals and AIDS Clinics
- G      Food for the children of the Creches (nursery schools)
- G      Safe haven for sexually abused children
- G      Please use as you see fit to help the people of South Africa

Please open up your hearts and your checkbooks and send your tax-deductible donation to America to Africa, HELP, c/o Joni Sullivan, P.O. Box 2066, Boise, ID 83701. **Please enclose this form with your donation.**

For more information about the Centocow, Ixopa area in Kwazulu Natal Province: [www.google.com](http://www.google.com) Centocow, South Africa. Also, for additional photographs go to America to Africa HELP on Facebook.

***America to Africa Help is a not-for profit 501(c)3. All contributions are tax deductible to the fullest extent of the law.***

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For questions, please call Joni Sullivan  
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